

# Yoga Fun!

## Camp for Children Ages 7-11

During this camp, children will be engaged in a variety of games, activities, and yoga poses that will help to develop confidence, self-control, compassion, fitness, and imagination.

July 6<sup>th</sup> - July 9<sup>th</sup>  
11:00am-12:00pm

at  
Portland Yoga Studio

\$55



**CERTIFIED  
INSTRUCTOR**

Theresa Maré  
mares@spiritone.com

To register, contact the instructor.  
mares@spiritone.com

Portland Yoga Studio  
7817 SE Stark St.  
Portland, OR 97215