

# TRE® Provider Certification Information

(Last update: 9/4/23; Supervision costs TBD by your Mentor; Prices are subject to change)

**All Trainings and Supervision Sessions will be via Zoom videoconferencing.**

**The following requirements to be completed within 12-15 months:**

<b>Pre-Module 1 TRE Orientation session (Private TRE session)</b>	\$100
<b>Complete Module 1</b> (2-day training; earlybird registration rate) *	300
<b>Enroll in Certification &amp; Initiate the Supervision Process</b>	
• Enroll in Yoga Calm Certification Support system	75
• Enroll with TREforAll (international licensing program)	35
<b>To Complete in One Year</b>	
• Practice TRE weekly, logging 40 sessions	
• Complete book report & watch DVDs	
• 4 Required Peer Swaps	
<b>Supervision Sessions - Developing Your Personal Practice **</b>	
• One supervised (60-min) personal TRE session, including review of your personal learning plan	125
• Three supervised (60-min) personal TRE sessions (\$125/ea)**	375
<b>Register &amp; Complete Module 2 - Teaching Individuals</b> (2-day training; earlybird rate) *	300
<b>Supervision Sessions - Teaching Individuals **</b>	
• Four supervised (60-90 min) TRE sessions where you teach one other person (video conference or send recorded video); \$150/ea	600
<b>Register and Complete Module 3 - Teaching Groups</b> (2-day training; earlybird rate) *	300
<b>Supervision Sessions - Teaching Groups **</b>	
• Three 60-90-min sessions teaching a group of 3-5 (video conference or send recorded video); \$150/ea	450
• One, final, supervised (90-min) evaluation session where you teach to a group of 3-5 to determine if you meet full competency	175
<b>Total Estimated Costs</b>	<hr/> \$ 2,835

\* 6-month, no interest, payment plan available through PayPalCREDIT

\*\* Additional supervisions at additional cost may be required depending upon your needs.