

TRE® Provider Certification Requirements & Costs

(Last update: 10/18/23; Supervision costs TBD by your Mentor; Prices are subject to change)

All Trainings and Supervision Sessions will be via Zoom videoconferencing.

The following requirements to be completed within 12-15 months:

Pre-Module 1 TRE Orientation session (Private TRE session)	\$100
Complete Module 1 (2-day training; earlybird registration rate) *	300
Enroll in Certification & Initiate the Supervision Process	
• Enroll in Yoga Calm Certification Support system	75
• Enroll with TREforAll (international licensing program)	35
To Complete in One Year	
• Practice TRE weekly, logging 40 sessions	
• Complete book report & watch DVDs	
• 4 Required Peer Swaps	
Supervision Sessions - Developing Your Personal Practice **	
• One supervised (60-min) personal TRE session, including review of your personal learning plan	125
• Three supervised (60-min) personal TRE sessions (\$125/ea)**	375
Register & Complete Module 2 - Teaching Individuals (2-day training; earlybird rate) *	300
Supervision Sessions - Teaching Individuals **	
• Four supervised (60-90 min) TRE sessions where you teach one other person (video conference or send recorded video); \$150/ea	600
Register and Complete Module 3 - Teaching Groups (2-day training; earlybird rate) *	300
Supervision Sessions - Teaching Groups **	
• Three 60-90-min sessions teaching a group of 3-5 (video conference or send recorded video); \$150/ea	450
• One, final, supervised (90-min) evaluation session where you teach to a group of 3-5 to determine if you meet full competency	175
Total Estimated Costs	<hr/> \$ 2,835

* 6-month, no interest, payment plan for Module 1-3 trainings available through PayPalCREDIT

** Additional supervisions at additional cost may be required depending upon your needs.